

Religion

Religion is not a dogmatic faith, but the necessary conduct implied in the movement towards perfection. Therefore, religions can not really contradict one another. All religions are the different forms taken in practical life by the one aspiration for perfection working through different temperaments. In this sense no true freedom is possible without freedom in the light of religion. Religion is the attitude of reverence which human beings have towards the Supreme Being, based on the relationship that exists between them and the Supreme Being. This reverence may take different forms in different persons because of the differences in the conception of the relation that is between man and the Supreme Being.

Sathya Sai Baba, Letter to Indulah Shah



Bhuddism (Religion of Non-Violence)

The first noble truth is the existence of sorrow
The second noble truth is the cause of suffering
The third noble truth is the cessation of sorrow
The fourth noble truth is the eightfold path that leads to the cessation of sorrow

Pure Seeing (Samyag-Darsana)
Pure Thoughts (Samyag- Sankalpa)
Sacred speech (Samyag Vachanam)
Goodness in action (Samyag-Karma)
Leading a pure life (Samyag-Jivanam)
Right effort (Samyag- vyayama)
Good spiritual progress (Samyag- Sadhana)
Pure Realisation (Samyag-Samadhi or Nirvana)

Christianity (Religion of Faith)

Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are those who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the earth.
Blessed are those who hunger and thirst for righteousness, for they will be filled.
Blessed are the merciful, for they will be shown mercy.
Blessed are the pure in heart, for they will see God.
Blessed are the peacemakers, for they will be called sons of God.
Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.



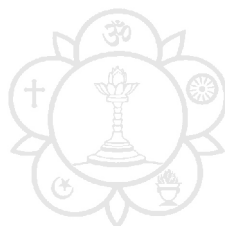
Judaism (Religion of Tradition)

Hear, O Israel: The LORD our God, the LORD is one.
Love the LORD your God with all your heart and with all your soul and with all your strength.
Love your neighbor as yourself. I am the LORD.



Islam (Religion of Prayer)

God is greater than the greatest (Allaho Akbar)
Only God is (La Illah Ill Allah).
There is no God but Allah and Mohammed is his prophet.



Sanathana Dharma (Eternal Spirituality)

The first step is the control of the senses,
the second is the control of the emotions and impulses.
The third is the mastery of balance and equipoise,
the next is the regulations of breathing and movements of the vital airs,
the fifth is the prevention of outer influences, from deviating the mind,
the next is onepointed attention to one's own progress,
and then, we come to real dhyana, or meditation on one's real reality,
which easily leads to its realisation in samadhi (Bliss, equanimity).

The Way to Salvation
There is only one Religion, the Religion of Love. Sathya Sai Baba